



# NOBLESVILLE HIGH SCHOOL ATHLETIC DEPARTMENT

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## the NOBLESVILLE RELAYS TUESDAY, MAY 8, 2012

- SITE: Noblesville Middle School, 300 N. 17th Street, just north of SR 32 on 17<sup>th</sup> St.
- TEAMS: Carmel, Center Grove, Fishers, Lafayette Jeff, Noblesville, Perry Meridian
- ENTRY FEE: \$40.00
- ADMISSION: \$5.00
- SCORING: **RELAY EVENTS:** 10-8-6-4-2-1  
**FRESHMAN RELAY & HEAVYWEIGHT 100:** 6-5-4-3-2-1
- ENTRIES: A. IHSAA RULES - Participation Limit - 4 events, maximum.  
B. **Two** may participate in Field Events. **Field events will be run as a relay. Both performances will be totaled to determine the final placing.**  
C. **Heavyweight 100 Qualifications:**  
1. Must participate in SP or Discus  
2. Must weight 200 lbs. or more  
E. Relay lane assignments will be drawn by **LOT**.  
F. **WE DO NOT HAVE A DEADLINE FOR ENTRIES.** Field event participants will sign in at the field event, (#1 thrower in one flight, #2 thrower in other flight, they can tell the judge which is which when they register).  
Running relay team scratches will be made at the scratch meeting, and lane assignments may change at that time.
- AWARDS: **Trophy -** Winning Team  
**Medals -** Individual and Relay Winners  
**Ribbons -** Other Place Finishers
- CAMP SITES: A. Teams can set up camp in the visitor bleacher area.  
B. Keep athletes off the football field at all times.
- TIME SCHEDULE: A. **Scratch Meeting** at 5:00 p.m. in the hospitality room.  
B. **Field Event Check-In** begins at 5:15 p.m.  
C. **Field Events** begin at 5:30 p.m.  
D. **6400 Relay** begins at 6:00 p.m.

**GO MILLERS!**

- E. All athletes in relay races must report to the Clerk at the staging area, which the area behind the High Hurdle starting line, by the second call.
- F. **Relays** begin at 6:00 p.m.
- G. As soon as one event is over the next event will begin.

ORDER OF EVENTS:

5:30 p.m.	PV, HJ, LJ, SP, DISCUS
5:55 p.m.	National Anthem
6:00 p.m.	6400 Relay 3200 Relay 400 Relay Shuttle Hurdle Relay (IH>HH>IH>HH) ** Shuttle hurdles are at intermediate height Sprint Medley Relay (100>100>200>400) Distance Medley Relay (1200>400>800>1600) 800 Relay 100 Meter Dash Heavyweight Freshmen 1600 Relay - 2 turn stagger 1600 Relay - 2 turn stagger

**FIELD EVENT**

INSTRUCTIONS:

- A. The 1 1/2, (2PV) minute and ten minute rule will be in effect.
- B. The shot and discus areas are cement.
- C. HJ -- Starting height is 5'6" and will be raised 2" at a time. Flights of three and the three-alive procedure will be used.
- D. PV -- Starting height is 10'0" and will be raised 6" at a time. Flights of three and the three-alive procedure will be used.
- E. SP, Discus, and LJ -- 2 flights of nine with three minute practice time between flights. Each competitor will be given four attempts; with best distance used to compute your team total.

**RUNNING EVENT**

INSTRUCTIONS:

- A. 1/4" spikes or flats only.
- B. Noblesville will furnish all starting blocks.
- C. Participants will report to the staging area behind the HH start and meet the Clerk for instructions by the second call.

STAGING AREA: Athletes should report to the Clerk behind the HH start line. Please inform your athletes to report by the second call, or they may be scratched from that event.

**RELAY CARDS:** **Each relay team must bring completed relay entry to clerk when checking in.** Runners must run in order on card, no substitutions are allowed after check in

HOSPITALITY RM: *NEW LOCATION:* located upstairs of the pressbox on level 2.

**ROSTERS:** **Please send the names of your participants so we can enter them into our system prior to your arrival to the Noblesville. Please email them to Mr. Jon Cooley at [jonathan\\_cooley@nobl.k12.in.us](mailto:jonathan_cooley@nobl.k12.in.us) or to the athletic office at [brenda\\_mccollough@nobl.k12.in.us](mailto:brenda_mccollough@nobl.k12.in.us) or [michael\\_hasch@nobl.k12.in.us](mailto:michael_hasch@nobl.k12.in.us)**

*Any questions, please feel free to contact the NHS Athletic Dept. at 317.776.6266.*

**GO MILLERS!**