

**2010 Noblesville Hoosier State Relays Trials**  
@ Anderson University's Kardatzke Wellness Center  
Saturday afternoon, March 6<sup>th</sup> @ 3:00 PM

Noblesville High School Track & Field is once again hosting a trial session for the Hoosier State Relays at Anderson University's Kardatzke Wellness Center. The session will be Saturday, March 6<sup>th</sup> at 3:00 PM doors will open at 2:00.

Registration: you must email Andrew Swickheimer at [andrew.swickheimer@mail.nobl.k12.in.us](mailto:andrew.swickheimer@mail.nobl.k12.in.us) to register for the meet. Registration will be limited to the first 18 boys and 18 girls teams to enter.

Entry Fee: \$80 per team, \$160 per school for both boys and girls. Make checks out to Noblesville Athletic Department. Those teams will be listed on [directathletics.com](http://directathletics.com).

Spectators: Adults \$3.00; students \$1.00; Children 12 and under - free.

Entries: Step 1 - Log on to [www.directathletics.com](http://www.directathletics.com) (see attached sheet)  
Step 2 – Set up your online roster  
Step 3 – Submit online meet entries by Wednesday, March 3<sup>th</sup> at 12:00 AM Six athletes per relay (**four compete**), two athletes per running event, and two athletes per field event. Make changes with anyone on your roster the day of the meet. Athletes and teams entered late or without times will be placed in the slowest flight.

Scratches: Upon arrival, scratches can be made to the head timer Rae Schaffer (located at the finish line). Scratches are due at 2:45 p.m. No reseeding. No name changes will be made unless athlete qualifies for Hoosier State Relays.

Team camp: Athletes and coaches should make their camp on the infield and in the corners of the facility.

Spikes: Only 1/8' pyramid spikes are allowed. No needle, pin or Christmas tree spikes allowed. Spikes are allowed in all events.

Order of Events: 3200, 55m hurdles, 55m dash, 4x800, 4x200, 4x400, DMR. (1200, 400, 800, 1600) girls first in all running events.

Opening heights: PV 7' 6" Girls (first) and 10'0" Boys (follow girls),  
HJ 4'6" Girls, (first) 5'6" Boys (follow girls)

Minimum measure: LJ 13' 0" Girls (follow boys) and 17'0" Boys (first)  
Shot 28' Girls (follow boys) and 40 0" Boys (first)

Field Events: PV and HJ will be conducted until each athlete is eliminated.  
LJ and SP each athlete will be allowed three attempts.

Results and Awards Results will be available on [www.directathletes.com](http://www.directathletes.com) following the meet. Results will be forwarded to the Hoosier State Relay officials. Please double-check your results for qualifying individuals. No team\_scores or awards will be given.

Other Information

Warm-up must be completed on the elevated track or outdoors

No drinks besides water is allowed in the center

No chalk on track or in jump area. Mark with tape only!

Cardio/Weight room is off limits

Several sets bleachers on the lower level are reserved for spectators only

A reminder that parking and traffic may be congested around the center. Arrive accordingly.

Starting blocks and shot put will be provided.

A separate Finals Fee will be required if you have athletes qualifying for the HSR Finals (Individuals-\$5, Relays-\$20). The performance deadline is midnight, March 17 and fees must be paid online for your athletes to be entered in the finals at Purdue on March 21<sup>st</sup>. The Finals schedule will be announced at a later date.

Questions. I prefer to communicate via email. I cannot guarantee a response from these phone numbers. Andrew Swickheimer [andrew.swickheimer@mail.nobl.k12.in.us](mailto:andrew.swickheimer@mail.nobl.k12.in.us) (W) 317-776-5913-ext 105 (H) 317-796-9096



IF YOU DO NOT AN EXISTING ACCOUNT GO TO:

[www.directathletics.com](http://www.directathletics.com)

1. Click on 'New Users Click Here'.
2. On the 'Coaches/athletes' click on 'Create a TEAM account' under New Users.
3. On the 'Create New Team Account' page fill in info and bug continue.
4. Continue until you have your account set-up.

### How to Submit Entries - Track & Field

#### STEP 1 - ACCESSING YOUR DIRECTATHLETICS ACCOUNT

*Each coach must have a DirectAthletics.com username and password for his/her team. If you don't know your username and password, click [HERE](#). You will use the same account to enter all meets run through DirectAthletics.*

**\*\*NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS:** You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

**Sport:** Track & Field    **Team:** Guilford (M)

**This indicates that you are controlling the Guilford MEN'S team (M=MEN). To switch to your Women's team, you would select "Guilford (W)".**

#### STEP 2--SETTING UP YOUR ONLINE ROSTER

*Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.*

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".

5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

### **STEP 3--SUBMITTING ONLINE MEET ENTRIES**

*Once your athletes are added to your roster, you must submit your entries.*

1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.

2) If prompted, choose an entry method. We HIGHLY Recommend using the NEW, "Enter by Athlete" method.

3) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.

4) When you are finished with your entries, click the "Finish" link.

5) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.

6) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.