

2010 Patriot Invitational

A Hoosier State Relay Qualifier Event

Saturday, March 13, 2010 @ 3:00 p.m.
Anderson University Kardatzke Wellness Center

Date: Saturday, March 13, 2010

Location: Anderson University Kardatzke Wellness Center

Time: Meet Starts at 3:00 p.m. Doors open at 2:00 p.m.

Spectator Admission: Adults \$3, Students \$1, Under 12 Free

Event T-Shirts: \$10

Team Entry Fees:

- \$80 Per Team, \$160 per school for both boys and girls.
- Team registration will be limited to the first 20 boy's teams and the first 20 girl's teams.
- Email school mailing address to bmcevoy@jayschools.k12.in.us for official meet contract.
- Payment due March 1, 2010.

Make checks payable to: Jay County High School Athletic Department – Girls Track

Mail To:

Jay County High School
Attn: Athletic Department
2072 West State Road 67
Portland, Indiana 47371

Events

Order of Events:

3200, 55m hurdles, 55m dash, 4x800, 4x200, 4x400, Distance Medley Relay (1200, 400, 800, 1600).

- Boys will precede girls.
- We will be using a rolling start
- Six athletes per relay (**four compete**), two athletes per running event, and two athletes per field event
- 3200, 4x800, and DMR will have lap recording sheets for coaches to record lap times.

Opening heights:

- Pole Vault 7' 6" Girl's (first) and 11'0" Boy's (follow girls),
- High Jump 4'8" Girl's, (first) 5'8" Boy's (follow girls)
- Field Events: Pole Vault and High Jump will be conducted until each athlete is eliminated.
- Field event check in for Girl's Pole Vault, Girl's High Jump, Boy's Shot Put, and Boy's Long Jump will be at 2:50 p.m.

Minimum measure:

- Long Jump 13' 0" Girls (girls follow boys) and 17'0" Boys (first)
- Shot Put 28' Girls (girls follow boys) and 40 0" Boys (first)
- Each athlete in Long Jump and Shot Put will be allowed three attempts.
- Long Jump will be cafeteria style – 120 minutes for each gender if needed

Online Entry

Step 1 - Log on to www.directathletics.com

Step 2 – Set up your online roster

Step 3 – Submit online meet entries by **Tuesday, March 9 at 12:00 PM (Midnight)**

Six athletes per relay (**four compete**), two athletes per running event, and two athletes per field event.

Scratches

Make changes with anyone on your roster the day of the meet. Upon arrival, scratches can be made to the head timer Rae Schaffer (located at the finish line). Scratches are due at 2:45 p.m. No reseeding. No name changes will be made unless athlete qualifies for Hoosier State Relays. Athletes and teams entered late or without times will be placed in the slowest flight.

Spikes

Only 1/8' pyramid spikes are allowed. No exceptions and all spikes will be checked. No needle, pin or Christmas tree spikes allowed. Spikes will be for sale at the meet.

Results and Awards

Results will be available on www.directathletics.com following the meet. Results will be forwarded to the Hoosier State Relay officials. Please double check your results for qualifying individuals. No team scores or awards will be given

Other Information

- Warm-up must be completed on the elevated track or outdoors
- No drinks besides water is allowed in the center
- No chalk on track or in jump area. Mark with tape only!
- Cardio/Weight room is off limits
- Several sets bleachers on the lower level are reserved for spectators only
- A reminder that parking and traffic may be congested around the center. Arrive accordingly.
- Starting blocks and shot put will be provided.

Questions

I prefer to communicate via email. Send questions to: bmcevoy@jayschools.k12.in.us
I cannot guarantee a response from phone calls to this number: Brian McEvoy 260-726-9306