

2010 Hoosier State Relays Trials

Saturday, March 13, 10:00 AM

Harrison High School Track & Field is hosting the Saturday, March 13 qualifying session for the Hoosier State Relays at Purdue's Lambert Fieldhouse. **The session will be starting at 10:00 AM and will have a 65 team maximum with entry fees of \$75 per team or \$150 per school.**

There are no awards earned at the trials.

Opening heights: PV 7-0 (Girls) and 10-6 (Boys) HJ 5-7 (Boys) then 4-8 (Girls)
Minimum measure: LJ 13-0 (Girls) and 17-0 (Boys) Shot 40-0 (Boys) then 28-0 (Girls)
(Please consider these performance marks when entering athletes)

Approximate time schedule (Girls will compete first in all running events)

10:00 AM	(G, B) PV, (B, G) HJ, (G, B) LJ & (B, G) Shot	Do not bring Shots!
10:00 AM	55m H (G) 20 Heats	3200m (G) 3 sections 40 minutes (15 min. cutoff)
10:30 AM	55m HH (B) 20 Heats	
11:00 AM	55m Dash (G) 20 Heats	3200m (B) 3 sections 45 minutes (13 min. cutoff)
11:30 AM	55m Dash (B) 20 heats	
12:00 PM	4 X 800 (G) 6 sections	40 minutes
12:50 PM	4 X 800 (B) 6 sections	50 minutes
1:30 PM	4 X 200 (G) 7 sections	25 minutes
1:50 PM	4 X 200 (B) 7 sections	25 minutes
2:10 PM	4 X 400 (G) 7 sections	40 minutes
2:45 PM	4 X 400 (B) 7 sections	50 minutes
3:15 PM	DMR (G) 1200-400-800-1600	(coaches must present team splits at the finish line)
3:55 PM	DMR (B) 1200-400-800-1600	(coaches must present team splits at the finish line)

Your team must be able to arrive in time to begin competition at 10:00 AM. EST

Field events will be conducted until each athlete is eliminated or until athletes reach the **automatic qualifying standard**. For a list of standards go to: <http://www.iatccc.org/hsr/2010/auto.htm>. All athletes who meet the qualifying standard will be able to compete at the HSR Finals at Purdue University on Saturday, March 20, 2010. Information regarding the finals can be found at: http://www.iatccc.org/hsr/entry_info.htm.

DMR requirement: In order to alleviate any confusion during this race, all teams are required to have a coach present at the start/finish line in order to count athlete laps. This is the same procedure used at the finals meet!

As part of the entry procedure for **Direct Athletics** you must enter a roster, in addition to individual entries (two per team) and relays (one per school) with subs coming from the listed roster **ONLY**. \$75/team or \$150/school made payable to Harrison School prior to the meet. **Rosters, entries and payment must be completed by Monday, March 8 at 12:00 p.m.**

Upon arrival, please pick up your team packet in the NW corner of the Fieldhouse. All substitutions must be submitted on the provided website link in emails from me **PRIOR TO 11:59 P.M. ON FRIDAY, MARCH 12. Subs must be on your "active" roster. No individual event substitutions will be allowed on the day of the meet, only deletions.** You may still make substitutions from your "active" roster in relay events only.

Dick Pond Athletics will once again be on hand to sell athletic wear. T-shirts will also be available for purchase.

I prefer to communicate via email. I cannot guarantee a response from the listed phone number.

Faith Warner faturnpaugh@tsc.k12.in.us (C) 765.404.8507

Please do not contact our HS for information! Refer to our HHS Track website: (http://www.wvec.k12.in.us/harrison/fokos/track_index.htm) for updated information including final results. The page will be updated with general information on a regular basis.

The first **65 teams** to return contracts and payments to me are in!