



Indiana Wesleyan University Wildcats

**Indiana Wesleyan University / PPG Sports
Hoosier State Meet HS Qualifier
March 6, 2010 10:00 AM
IWU Indoor Sports Complex**

Indoor Sports Complex:

Completed in the spring of 2007...IWU's Indoor Sports Complex is by far one of the most functional indoor track facilities in Indiana. The building is a steel framed structure measuring 225 ft x 325 ft! The interior floor is 100% 14mm Mondo Super-X with an asphalt base. With a building the size of this...IWU was able to produce a full 200-meter (42 inch. lanes) 8 lane oval track. In comparison to other facilities...this is very unique because most only have 6! The radius of the curves is the largest possible to accommodate distances runners as well as sprinters. All of the runways for the PV and LJ are also off of a Mondo surface as well as the approach apron for the HJ. The throws take place off 2 wooden throwing platforms. The LJ pits are a jumpers dream as they land into 2 pits that measure 9'5"x32' making these some of the largest pits around. New for 2010 we will be using UCS Laser Measuring Devices for the Long Jump[. Lastly...IWU is very fortunate to exclusively use UCS track & field equipment. UCS equipment is by far the best equipment a school can own! From the starting blocks to the landing pits...UCS equipment is what IWU relies on to host meet after meet! With that said...IWU will provide all equipment except PV poles and spikes. Unless an athlete is using Moyer blocks...**DO NOT BRING STARTING BLOCKS!** These will be provided along with boys and girls indoor shots. Athletes can wear 1/4-inch pyramid spikes (no Christmas Tree)

Team Camps can be located in designated areas of the "infield" portion of the track or on the outside perimeter of the track. Seating is limited. What bleachers we do have are designated for parents and spectators. It is highly recommended that spectators bring "bag" chairs if they would like to sit throughout the meet.

Entry Fee:

Cost is \$80.00 per team or \$160 for both men and women combined. [Make checks payable to IWU and send to Eric Jackson - Asst. Track & Field Coach IWU, 4201 S. Washington St. Marion, and IN 46953](#)

[Once confirmation is made from either Marion HS or IWU...Marion HS will send a contract. Send Contracts BACK to Marion High School 750 W. 26th St. Marion, IN 46953](#)

[Teams that do not send a contract back to Marion HS and have not paid their entry fee prior to arrival will NOT be able to compete!](#)

Entries:

Entries are made through Direct Athletics! www.directathletics.com

Entries must be submitted by Thursday March 4th at 6:00 PM for Saturday's meet.

You may enter 6 athletes per Relay...4 will compete. 2 Athletes can be entered per event.

Scratches:

Scratches are to be made the day of the meet. We will only change names if the substitute qualifies for the FINALS! It will be the coach's responsibility to notify meet management of changes!

Order of Events:

Running: 3200, 55 meter Hurdles, 55 Meter Dash, 4x800, 4x200, 4x400, DMR
(1200,400,800,1600)

Field: PV and HJ will be conducted until each athlete is eliminated. LJ and SP will each be allowed three attempts.

Opening Heights:

PV – Ladies 7'4" (first) Men 10'6" (second)

HJ - Ladies 4'8" (first) Men 5'8" (second)

Minimum Distances:

LJ - Men 17'0" Ladies 13'0" Men (We will run 2 pits simultaneously)

SP - Men 40'0" Ladies 28'0" (We will run 2 circles simultaneously)

Hoosier State Relays Finals Information is available on the www.iatccc.org web site.

If you have any questions...please email or call Eric Jackson at IWU. Eric.jackson@indwes.edu or 756-677-2134

