

2010 Hoosier State Relays Trials Hosted by West Lafayette High School

Thursday, March 11, 5:00 PM, Lambert Fieldhouse, Purdue University

West Lafayette High School Track & Field is hosting the Thursday, March 11 qualifying session for the Hoosier State Relays at Purdue's Lambert Fieldhouse. The session will be starting at 5:00 PM and will have a limit of 2 entries per individual event and 1 Relay for each of the 4 Relays. Team fees will be \$75 per team, \$150 per school with both Boys and Girls team entered. **Contracts and fees are required to secure a spot and the field will be closed at 44 total teams.**

There are no awards earned at the trials.

Opening heights: PV 7-0 (Girls) and 10-6 (Boys) HJ 5-7 (Boys) then 4-8 (Girls)
Minimum measure: LJ 13-0 (Girls) and 17-0 (Boys) Shot 40-0 (Boys) then 28-0 (Girls)
(Please consider these performance marks when entering athletes)

Approximate time schedule (Girls will compete first in all running events)

5:00 PM	(G, B) PV, (B, G) HJ, (G, B) LJ & (B, G) Shot	Do not bring Shots!	
5:00 PM	55m HH (G)	5 Heats	3200m (G) 2 sections 30 minutes (15 min. cutoff)
5:15 PM	55m LH (B)	6 Heats	
5:30 PM	55m Dash (G)	7 Heats	3200m (B) 2 sections 25 minutes (13 min. cutoff)
6:00 PM	55m Dash (B)	7 Heats	
6:25 PM	4 X 800 (G)	2 sections	25 minutes
6:45 PM	4 X 800 (B)	2 sections	20 minutes
7:05 PM	4 X 200 (G)	4 sections	15 minutes
7:20 PM	4 X 200 (B)	4 sections	10 minutes
7:40 PM	4 X 400 (G)	4 sections	25 minutes
8:00 PM	4 X 400 (B)	4 sections	20 minutes
8:20 PM	DMR (G)	1 section	1200-400-800-1600 (coaches present team splits at the finish line if needed)
9:00 PM	DMR (B)	2 sections	1200-400-800-1600 (coaches present team splits at the finish line if needed)

Your team must be able to arrive in time to begin competition at 5:00 PM.

Field events will be conducted until each athlete is eliminated or until athletes reach the **automatic qualifying standard**. For a list of standards go to: <http://www.iatccc.org/hsr/2009/auto.htm>. All athletes who meet the qualifying standard will be allowed to compete at the HSR Finals at Purdue University on Saturday, March 20, 2010. Information regarding the finals can be found at: http://www.iatccc.org/hsr/entry_info.htm.

As part of the entry procedure for **Direct Athletics** you must enter a roster, in addition to individual entries (2 per event) and Relays with subs coming from the listed roster ONLY. \$75 per team (\$150 per school) and a completed contract (below) will secure one of the 44 team spots. **Rosters and entries must be completed by Monday, March 8. Please make all changes and substitutions by Wednesday night, March 10 rather than at the meet.**

Upon arrival, please pick up your team packet in the NW corner of the Fieldhouse. After checking your entries for accuracy, inform your athletes to check in before their events at the NE check in area (hurdles/sprints), SE upstairs check in area (distance and relays) and /or at each individual field event location. **Subs must be completed the night before and be on your "active" roster.**

Dick Pond Athletics will once again be on hand to sell athletic wear. T-shirts may also be available for purchase.

I prefer to communicate via email. I cannot guarantee a response from these listed phone numbers.

Lane Custer custerL@wl.k12.in.us lanecuster@aol.com (C) 765.427.0752 (H) 765.743.8028

Please do not contact our HS for information! Refer to our WLHS Track website (wltrack.com) for updated information including final results. The page will be updated with general information on a regular basis.

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West Lafayette High School IHSAA Meet Contract

We the undersigned mutually agree to schedule and fulfill the obligation to participate in the following event(s):

Select	Date	Time	Group Name	Opponent(s)	Location
___	Th-3/11/2010	5:00 pm	Varsity Track	IHSAA approved schools (plus all schools whinin 300 miles of the Indiana state line)	Purdue University

We further agree that the rules of our State High School League/College Association shall be a part of this contract.

It is recommended that the home school extend to the visiting school the courtesy of approving or rejecting the officials for the event. Once the officials are assigned, their decisions are final.

Additional Conditions:

2 athletes per event and 1 Relay for each of the 4 Relay events allowed. This contract and team (\$75) or School (\$150) fee must be signed and returned to Lane Custer (address below) to secure a spot. Roster and entries must be completed on Direct Athletics by Monday, March 8, 2010. Please make checks payable to West Lafayette High School.

Signed: Brock Touloukian (WL AD)

West Lafayette High School

Your School Information:

Athletic Director/Principal Signature

High School

Date: _____

School Address _____

City, State Zip _____

(please check below)

Boys Team ___ Coach's name: _____ email: _____

Girls Team ___ Coach's name: _____ email: _____

Please circle 2009 Football classification: 1A 2A 3A 4A 5A

Please sign and mail to: Lane Custer, Meet Director
West Lafayette High School
1105 North Grant Street
West Lafayette, IN 47906

Or FAX: 765-746-0507

or return by email to: custerL@wl.k12.in.us or lanecuster@aol.com
Lane Custer 765-746-0500 Ext. 315