

2nd ANNUAL SAC INVITATIONAL
SATURDAY MARCH 5, 2011
Held at Trine University

Field Event Schedule:

7:30 AM	FIELDHOUSE OPENS
9:00 AM	HIGH JUMP (WOMEN THEN MEN)
9:00 AM	SHOT PUT (2 RINGS) 4 throws
9:00 AM	LONG JUMP (MEN THEN WOMEN) 4 jumps
9:00 AM	POLE VAULT (MEN THEN WOMEN)

Running Event Schedule:

9:00 AM	55m HURDLE PRELIMS	(WOMEN THEN MEN)
	55m DASH PRELIMS	(WOMEN THEN MEN)
9:30 AM	DMR	(WOMEN THEN MEN) <i>*will combine if possible</i>
10:00 AM	NATIONAL ANTHEM	
10:05 PM	55m HURDLE FINALS	
	55m DASH FINALS	
	4X800M RELAY	(WOMEN THEN MEN)
	4X200M RELAY	(WOMEN THEN MEN)
	MILE RUN	(WOMEN THEN MEN)
	400m DASH	(WOMEN THEN MEN)
	800m RUN	(WOMEN THEN MEN)
	200m DASH	(WOMEN THEN MEN)
	3200m RUN	(WOMEN THEN MEN)
	4X400M RELAY	(WOMEN THEN MEN)

Entry Fee: \$75 per gender/\$150 both
Make checks out to: Trine University Track and Field
Athletic Office
1 University Ave.
Angola, IN 46703

Entries: Will be done on Direct Athletics; directathletics.com
2 individuals per event (1 alternate listed)
1 relay per school

Entries are due by 9:00PM Wednesday March 2nd

Seeding: For the sake of competition, we would like to be able to seed the meet. If your athletes have competed already this season, please include their performance. If your athletes have not competed, please give your "best guess". This meet is for the kids; let's make it the best we can.

Facilities: 200M Benyon surface. There will be areas set up for team camps. Plenty of spectators seating throughout the facility. Restroom facilities are available. Concessions will also be available.

Spikes: Your athletes will be allowed to wear spikes. 1/4" recessed – 1/8" exposed. Spikes will be checked at check-in for their events.

Blocks: We will provide blocks for your teams. We have 8 regular blocks and 2 sets of Moye Stand up blocks.