

Indiana Wesleyan University Indoor Track and Field



Hoosier State Meet HS Qualifier

March 10, 2012 10:00 AM

Indoor Sports Complex Opens @ 8:30 AM.

Indoor Sports Complex:

Completed in the spring of 2007...IWU's ISC is by far one of the most functional indoor track facilities in Indiana. The building is a steel framed structure measuring 225ft x 325ft! The interior floor is 100% 14mm Mondo Super-X with an asphalt base. With a building this size...IWU was able to produce a full 200 meter (42 inch lanes) 8 lane oval track. The radius of the turns is the widest available in Indiana. All runways for the jumps are off the Mondo surface as well as the approach for the high jump. The throws take place off 2 wooden throwing platforms. 2 massive long jump pits are used with laser measuring. New for 2012 IWU will laser measure the throws as well! All equipment will be provided during the meet except pole vault polls and spikes. **DO NOT BRING YOUR BLOCKS...ONLY IWU BLOCKS WILL BE USED!** Athletes are allowed to wear ¼ inch PYRAMID SPIKE (NO CHRISTMAS TREE).

Team Camps can be located in designated areas of the "infield" portion of the track or on the outside perimeter of the track. Seating is limited. What bleachers we do have are reserved for parents and spectators.

Entry Fee:

Cost is \$85.00 per team or \$170.00 for both boys and girls combined. Make checks payable to IWU Athletics and send them to Eric Jackson – Asst. Track & Field Coach, IWU, 4201 S. Washington St. Marion, IN 46953. **(DO NOT SEND PAYMENT TO MARION HS)**

Once confirmation is made by either Marion HS or IWU...Contracts will be sent out...Contracts must be sent back to MARION HIGH SCHOOL...750 W. 26th St. Marion, IN 46953

Teams that do not send a contract back to MARION HS and have not paid their entry fee prior to arrival will not be able to compete!

***ONLY 20 teams will be allowed into this meet. After I have heard from 25 schools...the meet will be closed...FIRST COME...FIRST SERVED!

Entries:

Entries are made through Direct Athletics www.directathletics.com

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Indoor Track and Field**

Entries must be submitted by Wednesday March 7th at 6:00 PM for Saturday's Meet. You may enter 6 athletes per Relay...4 will compete. 2 Athletes can be entered for all other events. Heat and Flight Sheets will be posted on the IWU Track & Field Page at www.iwuwildcats.com

Scratches:

Scratches are to be made the day of the meet. We will only change names if the substitute qualifies for the HSR Finals. It will be the coaches responsibility to notify meet management of changes prior to the end of the meet.

Order of Events: (Girls followed by the Boys)

Running Events...3200, 55 Meter Hurdles, 55 Meter Dash, 4x800, 4x200,4x400, DMR (1200,400,800,1600)

Field Events: Pole Vault and HJ will be conducted until each athlete is eliminated. Girls and Boys Long Jump & Shot Put will take place at the same time. Each will be allowed 3 attempts.

Opening Heights and Minimum Distances: Please take into account these marks before you enter an athlete...this is a QUALIFYING Meet...it is NOT A PRACTICE Meet. If they are no where close to these marks it would be a good idea to not enter them in the meet.

Opening Heights:

Pole Vault: Ladies 7-0 with 6" increments till 11-0 then moved in 3" increments
Boys 11-0 with 6" increments till 12-6 then moved in 3" increments
High Jump: Ladies 4-8 with 2" increments till 5-6 then moved in 1" increments
Boys 5-5 with 2" increments till 6-0 then moved in 1" increments
Hoosier State Relays Finals Information is available on the www.iatccc.org web site.

If you have any questions...please email Eric Jackson at IWU. Contact information is eric.jackson@indwes.edu or 765-618-3514 (cell)