



Friday, March 9, 2012

Knowling Fieldhouse at Wabash College

Hosted by:

Crawfordsville High School

North Montgomery High School

Southmont High School

(A qualifying meet for the HSR FINALS)

Use www.Directathletics.com for all event entries

General Information

We prefer all further communication to be by email.

estuffle@nm.k12.in.us

Coaches, please send your contact information including cell phone number and email address now.

1. Coaches' and Captains' meeting at 5:15 pm. We will begin the meet at 5:30 pm.
2. Warm-up may take place outside, but please be sure that your shoes are mud-free when you return, through the MUD ENTRANCE, to the field-house.
3. Restrooms are located in the foyer area and locker rooms.
4. Team camps should be set-up in the infield area.
Do not leave valuables unattended in the team camp area.
5. Teams should police their own area. Trash containers are available in the camp area.
Please bring a floor cover (tarp) for your team camp area.

6. Wabash College will have starting blocks available for our use, or you may bring your own.
7. We have been given clearance to wear 1/8" pyramid spikes on the rippled surfaces of the field-house. NO SPIKES may be worn on the infield and spikes other than 1/8" pyramids will warrant event disqualification of the athlete.
8. NO FOOD or DRINK (other than water) SHOULD BE BROUGHT INTO THE TEAM CAMP AREA.
9. A certified athletic trainer will be available during the meet.
10. Please be considerate of events in progress as you warm –up.
11. Due to the number of entries , we will run as quickly as possible through the order of events. Ask your athletes to please be aware of the order of events' schedule. Athletes are expected to check in with the clerk on 1st call. We will not wait!
12. Event check-in should take place on the 1st call. Hip numbers will be distributed for photo-timing purposes. Please place this number on the LEFT shorts area and not on the skin. Bib #'s are to be worn on the singlet for shot, long jump, and distance runners.
DO NOT FOLD, BEND, or TEAR THE BIB'S!!!!
13. All running competitors should "finish straight on" as they complete their event.
14. In all track oval events where lapping occurs, the finishers should complete their event in lane three (3), on the final straight-a-way, so as to not cross in front of the lapped runners.
15. Remember track events do have priority over the field events.
16. Results will be posted at the meet site and on Direct Athletics. You will need to declare your HSR Finalists entries, and you should check the Direct Athletics HSR web site to see that your athletes are entered into the Finals. A Finalist performance list is to be posted on their site.
17. Use only two tape marks in each field event approach. Tape marks should be placed before 5:15 pm. Boys' marks will be on the left, and the girls' marks will be on the right side of the Long Jump runway. The Shot Put sector will be 34.92 degrees.
18. **Entry fee for this meet will be \$5.00 per individual per event plus \$20.00 per relay team, or \$75 for boys and/or \$75 for girls, or \$150 maximum, due by Friday, March 2, 2012. Make checks payable to: Southmont High School.**
19. We will allow up to four (4) entries per school, per event, for each gender including relay teams.
20. There will not be awards. Cost is prohibitive.
21. Crawfordsville, North Montgomery, and Southmont High Schools will provide all workers.

22. FAT performances and field event marks will be forwarded to qualify for the HSR FINALS to be held on Saturday, March 17, 2011, at Purdue University. There will be AUTOMATIC qualifying marks for the HSR Finals. Please see the IATCCC website for these new marks for the 2012 Finals. When you achieve these marks, it is up to you to declare your athletes for the Finals at Purdue University using the Direct Athletics website. It will not be done automatically for you. You will still be responsible to pay the Finals Entry Fees for your qualified athletes that enter the State Finals.
23. We will use cafeteria-style administration of the Shot Put and Long Jump. Only the first effort in the Shot Put and Long Jump will be measured. Any subsequent throw or jump meeting the minimum standard will be measured. Those minimum standards are 28' for the girls and 38' for the boys in the Shot Put and 12' for the girls and 17' for the boys in the Long Jump. There will be trials and then finals. Top nine (9) will be asked to jump or throw in the finals. Finals will be administered per IHSAA bulletin.
24. Athletes are to be in proper uniform at all times while in the area of competition. Do not go to the clerking of an event without being in proper competitive attire and without your spikes if wearing spikes. Spike length will be checked by the clerks.
25. When an athlete excuses himself/herself, and checks out, from a field event to compete on the track, they must report back, ready to compete, following the completion of their track event--five (5) minutes if the event leg is 400m or less and ten (10) minutes if the event is 800m or more.
26. General admission will be \$5.00 for all spectators to this event. NO PASSES ACCEPTED.
27. A full concessions area will be available upstairs in the balcony.
28. A separate "Finals Fee" will be required for athletes qualifying for the HSR Finals.
29. All Sagamore Athletic Conference Indoor Invitational event entries will be through the Direct Athletics website.

All entries must be in by Tuesday, March 6, 2011, at 4:00 pm.

Athletes should report on 1st call to the event hipping and then to the clerk for final check-in.

5:30 pm	High Jump	G,B	Co-ed, Start at 4'4", raise 2" for each new height until there are three competitors left, then 1" to decide the event winner. (Boys may enter at 5'3".)
	Long Jump	B,G	Cafeteria competition, 3 trials, Top 9 to Finals. (1 meter board) 75 minute clock 12' & 15' minimum
	Shot Put	B,G	Cafeteria competition, 3 throws. Top 9 to Finals (1 circle, 34.92 deg.) 75 min. clock 24' & 36' minimum
	Pole Vault	G,B	Co-ed, Start at 5'0", raise 6" for each new height Until there are three competitors left, then 3" to Decide the event winner. (Boys should enter at 8'0".)

The indoor facility consists of a **200 m, 6-lane oval**.
All running events will be contested; **Boys, then girls.**

		Sections
5:30 pm	3200 m Run	B- , G- Waterfall start
	55 m HH Trials	B- , G- In lanes with starting blocks (8 advance)
	55 m Dash Trials	B- , G- In lanes with starting blocks (8advance)
	4 x 800 m Relay	B- , G- Waterfall start
	55 m HH Finals	B- , G- In lanes with starting blocks
	55 m Dash Finals	B- , G- In lanes with starting blocks
	4 x 200 m Relay	B- , G- 3-turn stagger, blocks in lanes (No fly zone)
	4 x 400 m Relay	B- , G- 2-turn stagger, blocks in lanes
	DMR (12-4-8-16)	B- , G- Waterfall start

ONLY 1/8" and 1/4" PYRAMID SPIKES WILL BE ALLOWED IN FIELD EVENTS !!
ONLY 1/8" and 1/4"PYRAMID SPIKES WILL BE ALLOWED IN TRACK EVENTS !!
OTHERS WILL BE DQ'd

Team Camps will be set up in the Infield Area. Do not leave valuables unattended. We will not be responsible for lost articles .

A full concessions area will be available, but items should be consumed in the Foyer Area.

PLEASE clean-up your team camp area before your team leaves the meet.

Any questions should be directed to:

Ed Stuffle, Track and Field Coach, Co-Meet Director

North Montgomery High School

765-362-5140, Ext 281

Marvin Walters, Track and Field coach, Co-Meet Director

Southmont High School

765-362-0350

Sean Gerald, Track and Field Coach, Co-Meet Director

Crawfordsville High School

765-362-2340