

## INDIANA ALL-STAR CROSS COUNTRY TEAM – 2009

### Girls

#### **Dana Payonk – Lake Central**

State Runner Up, IHSAA Mental Attitude Winner, Sectional, Regional & Semi-State Champion, All-State

#### **Dani Sullivan – Franklin Central**

10<sup>th</sup> at State, Regional Champion, All-State

#### **Kate DeSimone – Fort Wayne Canterbury**

15<sup>th</sup> at State, Sectional & Regional Champion, All-State

#### **Siri Retrum – Columbus North**

16<sup>th</sup> at State, All-State

#### **Allie Pladson – Northridge**

18<sup>th</sup> at State, All-State

#### **Beth Werge – South Bend Riley**

19<sup>th</sup> at State, Sectional Champion, All-State

#### **Kaylee McClanahan – Carroll (Fort Wayne)**

21<sup>st</sup> at State, All-State

#### **Virginia Steilberg – Columbus North**

31<sup>st</sup> at State

#### **Autumn Beachy - DeKalb**

32<sup>nd</sup> at State, Sectional Champion

#### **Erika Wilson – Eastern (Pekin)**

37<sup>th</sup> at State, Sectional & Regional Champion

#### **Ciersten Deardorf – Carroll (Fort Wayne)**

44<sup>th</sup> at State, Sectional Champion

#### **Megan Plenus – Lake Central**

51<sup>st</sup> at State

### Boys

#### **Scott Vicenzi – Brownsburg**

3<sup>rd</sup> at State, Sectional & Regional Champion, All-State

#### **David Osborn – Chesterton**

4<sup>th</sup> at State, IHSAA Mental Attitude Winner, Sectional, Regional & Semi-State Champion, All-State

#### **Alejandro Arroyo – Culver Academies**

6<sup>th</sup> at State, Sectional & Regional Champion, All-State

#### **Nathan Hendershot – Pendleton Heights**

7<sup>th</sup> at State, Sectional & Regional Champion, All-State

#### **Tom Ohlman – Carmel**

8<sup>th</sup> at State, All-State

#### **Connor Geshay – North Central (Indianapolis)**

11<sup>th</sup> at State, All-State

#### **Josh Graham – Huntington North**

16<sup>th</sup> at State, All-State

#### **Evan Scruton – Columbus North**

17<sup>th</sup> at State, Sectional & Regional Champion, All-State

#### **Corbin Brooks – Columbus North**

19<sup>th</sup> at State, All-State

#### **Jake Carden – Kouts**

21<sup>st</sup> at State, All-State

#### **Cameron Balser – Oak Hill**

23<sup>rd</sup> at State, All-State

#### **Joe Ebling – Hamilton Southeastern**

26<sup>th</sup> at State

### Coaches

**Head Coach:** Jay White – Portage

**Assistants:** Rob Abraham – Brown County, Al Eckert – Silver Creek, Jerry Hoffman – South Bend St. Joseph's, Keith Iddings – Crown Point, Terry Lakes – Marion, Ricke Stucker - Kokomo